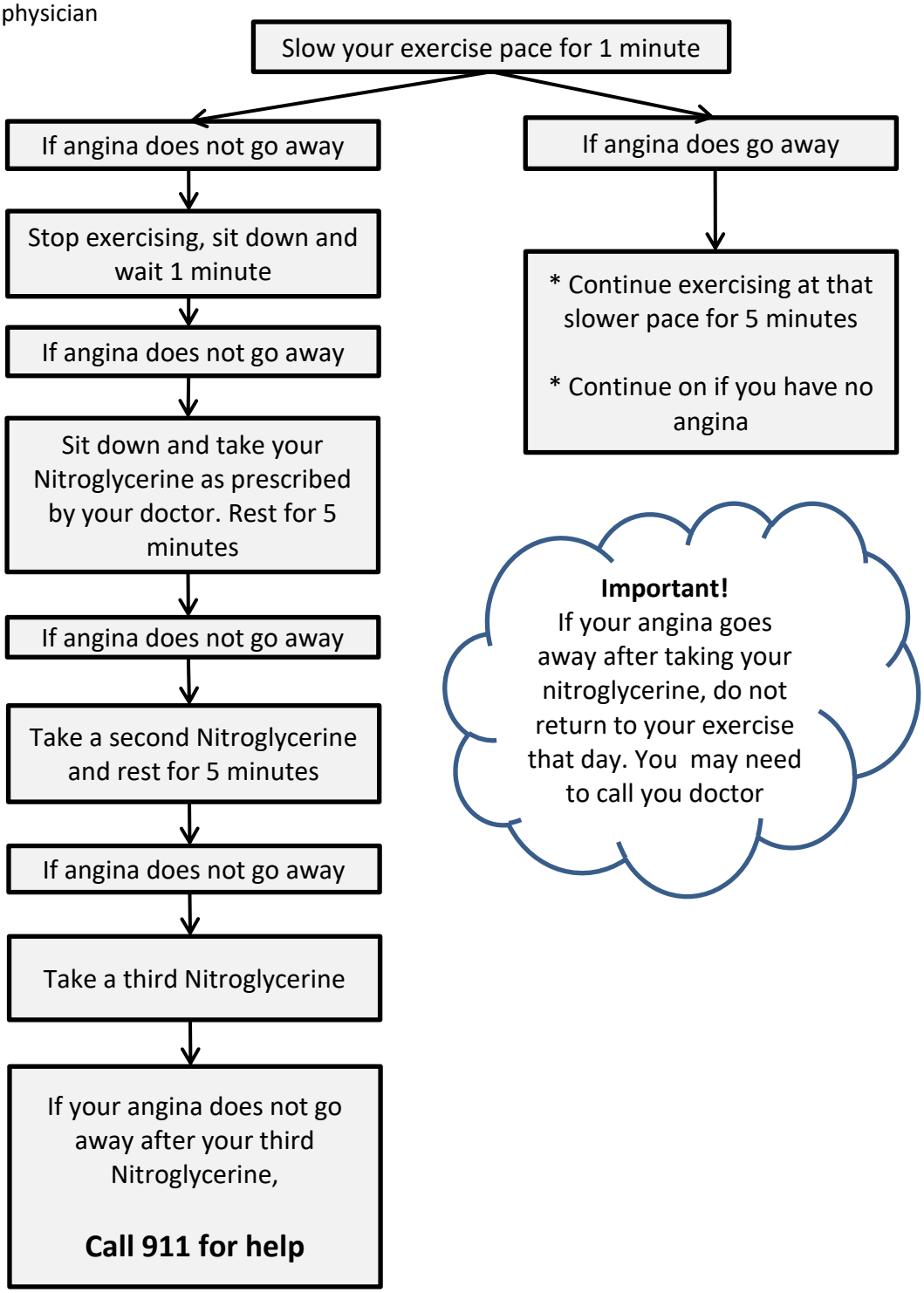
UHN Toronto Rehabilitation Institute

TRI-REPS Toronto Rehabilitation Risk Factor Modification & Exercise Program Following Stroke

How to Manage Angina (Chest Pain) or other Symptoms that may be Related to Angina During Exercise Such as Shortness of Breath

*If these symptoms are new, discontinue exercise and speak to your rehab supervisor or physician